



PARALYMPIC SPORTS ASSOCIATION ONE FOR ALL SUMMER DAY CAMPS

Attention future campers! Here is the line-up for our camps this summer. All camps (except camp #3) will be held at Grant MacEwan City South Campus (7319-29 Avenue) and cost \$100 or you have the option of working 2 Bingos to pay for the fee. Please call (780-439-8687) or email **Dani Smale** to register at psasummerncamp@parasports.net. We welcome campers of all abilities, so tell your friends and family!

Camp #1: Active in our community (11-24 yrs old) July 3-6 from 9 am – 4pm

- Come join us on our journey around the city. This camp is about meeting new people, lending a hand, and being active in our community!

Camp #2: Sports extravaganza (6-12 yrs old [sports camp]) July 9 - 13 from 9 am - 4 pm

- Get ready for an action packed week! This really is a sports extravaganza, loaded with all kinds of sports including biking, baseball, hockey, kayaking, and much more.

Camp #3: Sledge Hockey Development Camp @ NAIT [11762 106 Street] (sledge hockey players only) July 16 - 20 from 9 am - 4 pm.

Due to ice fees this camp costs \$250

- If you love sledge hockey this is the perfect camp for you! Come join us to develop your individual sledge skills and hang with your teammates!

Camp #4: Camp Olympics (13-24 yrs old [teen camp]) July 23 - 27 from 9 am - 4 pm

- Camp Olympics is jammed full of challenges and activities that are sure to develop your team working skills! Work with teammates to accomplish challenges including obstacle races, tug-o-war, shot put, archery and more!

Camp #5: Wheelchair Basketball Camp. July 30-August 3 from 9 am - 4 pm

- Come and join us as we partner up with Northern lights to bring to you a wheelchair basketball camp. This camp is a great place to meet new people and check out this awesome sport! You are bound to love it!

Camp #6: Moovin and Groovin August 7 - 10 from 9 am - 4 pm

- At this camp you can be sure you will be moovin and groovin! We'll be participating in all kinds of dance, yoga, and music activities.

Camp #7: Canmore excursion (13-18 yrs old) August 13 - 19 from 9 am - 4 pm

- This camp is packed full of outdoor activities! Working with Rocky Mountain Adapted Centre we will participate in a variety of adapted outdoor activities such as biking, hiking, golfing, and white water rafting! Campers must be independent with personal care.

Camp #8: Out and About (18yrs old+) August 20 - 24 from 10 am - 4 pm

- Come with us on a journey around the city! We will be exploring all kinds of things the city has to offer including Karibuni AFRICA Fest, fringe festival, the museum, Telus World of Science and more!

**Come out and spend time with fun, energetic staff, old friends, and meet new friends!
Check your PSA Spring/Summer program guide for a registration form. If you do not have a program guide and would like information on how to register for summer camps please email**

Dani or give us a call at (780) 439-8687.

Everyone is welcome – Hope to see you there!

